LADIES RETREAT 2022

Do you need a break from being like Martha? Come and stay at Historic Mount St. Michael and be like Mary!

THURSDAY, AUGUST 11, 2022 through TUESDAY, AUGUST 16, 2022

This special week of retreat and spiritual rejuvenation is a time to stop being a Martha, and relax and listen to Our Lord, like Mary.

Five days just for Women! Age limit: 25 years & up

The week includes:
- Daily Mass
- Daily Rosary
- Total Consecration (begin before arriving)
- Spiritual Direction
- Chant and Religious Classes

Cost: $200 per person; $50 deposit
$50.00 discount for those who assist with kitchen duty
Includes: airport pick-up and drop-off, room, all meals, all talks, & activities
Space is Limited. Deadline for Registration & Fee is July 18, 2022

Please contact Sr. Marie Janae, CMRI (509) 467-0986 x 121 smjanae@stmichaels.org

Basic Schedule:

Thursday August 11 Registration/Activities TBA
Friday August 12 Q & A with Fr. Casimir/All night Adoration/Silent retreat begins
Saturday August 13 Silent retreat continues
Sunday August 14 Silent retreat continues
Monday August 15 Sing High Mass with Sisters/Silent retreat ends with Total Consecration/activities TBA
Tuesday August 16 Activities TBA/End of retreat

Historic Mount St. Michael Traditional Catholic Parish
8500 N. St. Michaels Road, Spokane, WA 99217 www.stmichaels.org

REGISTRATION FORM – 1 person per registration form please
Please complete and return with payment to:
Mt. St. Michael, Attn: Ladies Retreat ~ 8500 N. St. Michaels Rd. Spokane, WA 99217 (509) 467-0986 x 121

Name: _____________________________ Phone: _____________________________
Indicate home or cell
First and Last Name Please Print
Address: _____________________________ _____________________________
Street # & Name City State Zip
Emergency Contact Name and Phone Number: _____________________________

Have you made your Total Consecration? YES or NO

Class Topics: Please circle all that interest you. Please indicate below any other topics you are interested in.

Temperaments Commandments How to Meditate Mass Modesty Liturgy Fatima
Vatican II Saints for our Times Holy Souls/Purgatory Sacraments False Religions (focusing on Islam)
How to make a good Confession Indulgences/Novenas Bad: books, games, movies, music Marriage

Other Topics, please list:

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