

LADIES RETREAT 2017



*Do you need a break from being like Martha?
Come and stay at Historic Mount St. Michael
and be like Mary!*

SUNDAY, AUGUST 13, 2017
through
SUNDAY, AUGUST 20, 2017

This special week of retreat and spiritual rejuvenation is a time to stop being a Martha, and relax and listen to Our Lord, like Mary.

A week just for Women! **Age limit:** 25 years & up

The week includes:

- Daily Mass
- Daily Rosary
- Total Consecration (begin before arriving)
- Spiritual Direction
- Chant and Religious Classes

Cost: \$200 per person; \$50 deposit

\$50.00 discount for those who assist with kitchen duty

Includes: airport pick-up and drop-off, room, all meals, all talks, & transportation

Space is Limited. Deadline for Registration & Fee is July 24, 2017

Please contact Sr. Marie Janae, CMRI
(509) 467-0986 x 131
smjanae@stmichaels.org

Basic Schedule:

Sunday	August 13	Arrive – Registration/Rosary March downtown Spokane
Monday	August 14	Classes/Activities TBA
Tuesday	August 15	Sing High Mass/Total Consecration/dinner, recreation, all with Sisters
Wednesday	August 16	Silent retreat begins after breakfast
Thursday	August 17	Silent retreat continues/all night adoration with exposition
Friday	August 18	Silent retreat continues
Saturday	August 19	Silent retreat ends with breakfast/activities TBA
Sunday	August 20	Sing High Mass with Sisters

Historic Mount St. Michael Traditional Catholic Parish
8500 N. St. Michaels Road, Spokane, WA 99217 www.stmichaels.org

REGISTRATION FORM – 1 person per registration form please

Please complete and return with payment to:

Mt. St. Michael, Attn: Ladies Retreat ~ 8500 N. St. Michaels Rd. Spokane, WA 99217 (509) 467-0986 x 131

Name: _____ Phone: _____
First and Last Name Please Print Indicate home or cell

Address: _____
Street # & Name City State Zip

Emergency Contact Name and Phone Number: _____

Dietary Needs: _____

Have you made your Total Consecration? YES or NO

Class Topics: Please circle all that interest you. Please indicate below any other topics you are interested in.

Temperaments 1st Commandment How to Meditate Mass Modesty Liturgy Fatima
Vatican II Saints for our Times Holy Souls/Purgatory Sacraments False Religions (focusing on Islam)
Marriage Fatima-2016 is 100th anniversary of the apparitions of the Angel of Portugal to the Fatima children
How to make a good Confession Indulgences/Novenas Bad: books, games, movies, music

Other Topics, please list: _____